



Applied Behavioral Rehabilitation Institute, Inc.
Homes for the Brave

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FOR IMMEDIATE RELEASE

**Homes for the Brave Receives Grant Award
from Disabled Veterans National Foundation**

BRIDGEPORT, CT (December 8, 2021) - Homes for the Brave is honored to announce it has received a grant from the Disabled Veterans National Foundation (DVNF) for \$13,000, which will fund the creation of a yoga program for Veterans experiencing homelessness. The launch of this program is part of a broader initiative by our Clinical Program to offer a greater amount of wellness-based services for our clients. Findings from many studies have indicated the myriad of positive physical and mental health benefits that have resulted from regular yoga practice, including decreased anxiety, depression, and PTSD symptoms. We believe that such a program would be a strong supplement to the clinical treatment sessions our clients receive, which will lead to enhanced health outcomes.

Vincent Santilli, CEO/Executive Director of Homes for the Brave said, “All of us at Homes for the Brave are incredibly grateful for the Disabled Veterans National Foundation for their remarkable support. This grant will allow us to launch a yoga program, which we know will be of significant benefit to the mental, physical, and emotional health of the male and female Veterans that we serve.”

Dr. Stephanie Lynam, HFTB’s Chief Clinical Officer added, “I am thrilled with the support from DVNF so we can offer yoga as part of our wellness program. I am excited to watch our Veterans build resilience to respond to life’s challenges through the use of the skills they will learn in the practice of yoga. We strive to help Veterans move beyond surviving into their life. Offering yoga is one more step in our journey of offering a variety of ways to Veteran success.”

Joseph VanFonda (USMC Sgt.Maj. Ret.), CEO of the Disabled Veterans National Foundation said, “We are proud to support Homes for the Brave, as they continue to make a positive impact in veterans’ lives. We would like to congratulate and thank them for their commitment to assisting the men and women who served in defense of our country.”

About the Disabled Veterans National Foundation:

Disabled Veterans National Foundation exists to provide critically needed support to disabled and at-risk veterans who leave the military wounded—physically or psychologically—after defending our safety and our freedom.

DVNF achieves this mission by:

- Offering direct financial support to veteran organizations that address the unique needs of veterans, and whose missions align with that of DVNF.
- Providing supplemental assistance to homeless and low-income veterans through the Health & Comfort program and various empowerment resources.
- Providing an online resource database that allows veterans to navigate the complex process of seeking benefits that they are entitled to as a result of their military service, as well as additional resources they need.
- Serving as a thought leader on critical policy issues within the veteran community and educating the public accordingly.

About Homes for the Brave:

The mission of Homes for the Brave is, with an emphasis on Veterans, to provide the housing and services necessary to help homeless individuals return to a productive and meaningful life. The organization whole-heartedly believes that it is essential to serve others with honesty, integrity, empathy, respect, and patience. The staff at HFTB work hard to foster a non-judgmental environment that encourages clients to develop personal responsibility in taking ownership in their journey towards independence.

The Yoga Program is open to all Veterans. For more information about the schedule and location, please call Homes for the Brave at 203-338-0669.

To learn more about Homes for the Brave, or to make a donation, please visit www.HomesForTheBrave.org or call 203.338.0669.

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